



Zinc Lozenges, Chewable

Zinc Lozenges are for relief of common cold symptoms.

Note: The recommended daily allowance of Zinc is 15 mg for adults and children over 4 years of age. 4 Years to Infant is 8 mg. The amount of Zinc in 1 lozenge is 12 mg.

For adults the upper limit of zinc per day is 40 mg. The upper limit of copper is 8 mg per day. It is important to balance Zinc and Copper when using high levels of either mineral.

WARNING: If cold symptoms persist, consult your physician.

Zinc can inhibit the growth cycle of some viruses. Studies have shown that zinc is helpful in relieving the symptoms of the common cold. In addition, zinc is a necessary part of many enzymes. Studies show that it enhances immune function, is a good anti-inflammatory. The addition of the other ingredients in **Zinc Lozenges** enhances the action of zinc when used in upper respiratory infections.

Although dissolving the lozenge in the mouth is more effective, some people prefer to chew the tablet. In an effort to produce a tablet that is natural and effective, very little fructose was added. **Zinc Lozenges** have been proven safe and effective.

When taking extra zinc, it is necessary to balance zinc and copper levels. My multi, Ultra Vites, has 10 mg of Zinc and 2 mg of Copper. This amount of copper is adequate to balance up to 40 mg of zinc per day.

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Supplement Facts: Serving Size: 1 Lozenge; Servings per Container: 60

Each lozenge contains:

1000 IU Vitamin A (as Vitamin A palmitate)

150 mg Vitamin C (as ascorbic acid & sodium ascorbate)

12 mg Zinc (as zinc aspartate)

Other Ingredients: fructose, sorbitol, bee pollen, propolis, natural flavor (orange, mandarin & coconut), magnesium stearate, goldenseal extract, slippery elm extract.

Suggested Use: Chew or dissolve on lozenge in mouth daily, or use as directed by a health professional.

The ingredients in this product are supplied by well respected USA and/or European vendors and they are analyzed for purity and quality.

How Zinc Lozenges are Supplied:

VMCZL bottles of 60 chewable lozenges



Phone: 888.953.5553
www.nutritionpureandsimple.com

*These statements have not been evaluated by the Food and Drug Administration
Products are not intended to diagnose, treat, cure, or prevent any disease*