

Recommendations for the use of Ultra Monolaurin

Do NOT chew the pellets. **Do not** take with hot liquids. **DO** take at least the first few doses with meals.

DO NOT EXCEED RECOMMENDED Starting Level: Persons with chronic infections should consider starting with one scoop per day or less on day one (1) before increasing. Ultra Monolaurin may kill bacteria and viruses and fungi very quickly. This may cause a Herxheimer-like reaction because the body is not able to remove the debris quickly enough.

Adults:

Take one scoop (1/4 tsp) 3 or 4 times per day with water (or other cool liquid) until several days after symptoms are gone. Ultra Monolaurin can be taken daily for chronic conditions. In this case take one scoop (1/4 tsp) per day for day one. If there are no adverse affects, take 2 scoops on day two, or else repeat one scoop. If two scoops cause no side effects use 3 scoops. Build to one scoop 4 times per day.

Children (3-10 year olds):

For very young children, place 1 to 3 easy to swallow pellets on the tongue and follow with water or juice. For older children use half the adult dose. If necessary, and if there are no adverse affects after a day, dosage may be increased to 1 scoop per day.

The pellets (whole or powdered) may be mixed in foods like honey, applesauce, pudding, and peanut butter.

The recommended doses should be followed unless directed by a qualified health care professional.

Description of the Product: Each scoop (1/4 tsp) contains approximately 750 mg. 90% Monolaurin. Encapsulated products are usually 300 mg to 600 mg, and contain a lesser percentage of Monolaurin.

Benefit: Ultra Monolaurin has been shown to be effective against pathogenic bacteria, viruses, protozoa, yeast and other fungi. They may be destroyed faster than the body can remove the toxic products, so it is very important to start with the suggested dose (or less), and build slowly beyond that if necessary.

Side Effect: Ultra Monolaurin can precipitate the die-off of bacteria and other pathogens, and cause a Herxheimer – like reaction. This may be an allergy-like inflammatory response in the skin, mucus membrane, nervous system or viscera. This is because Ultra Monolaurin can kill bacteria faster than the body can remove the debris. In this event, simply reduce the amount for a day and then start slowly to increase again. Of course, there is always the possibility of an allergy to coconut.

Ultra Monolaurin

Studies have not been done for its use in pregnant or lactating women, therefore its use cannot be recommended. However, monolaurin is a normal component of human mothers' milk. Pregnant and nursing women have been using monolaurin for years with no reported side effects.

Optional treatments:

For each scoop Opti-Monolaurin use 1 Opti-Elderberry for Influenza.

For each scoop Opti-Monolaurin use 1 BladrEase for Bladder infections (cystitis).

For E coli Bladder infections, add d-Mannose and use per label instructions.

For each scoop Opti-Monolaurin use 1 PhytoBiotic for immune support, antimicrobial support and parasites.

*These statements have not been evaluated by the FDA.
Products are not intended to diagnose, treat, cure or mitigate any disease.*