



Ultra Mag Chelate

John Jones, MD, MPH

Important Reasons to use Ultra Mag Chelate:

- Magnesium is involved in many biological pathways and is often deficient in the diet
- Magnesium Minimizes Toxemia of Pregnancy
- Magnesium promotes Cardiovascular health
- Magnesium calms Anxiety

This product also contains **Slippery Elm** which is a complex mixture of polysaccharides including pentoses, methyl-pentoses and hexoses that form a soothing gelatinous fiber or mucilage. Slippery Elm also contains anti-oxidants including beta-sitosterol, beta-carotene and flavonoids including proanthocyanidins.

Product Description:

Each **Ultra Mag Chelate** tablet contains 250 mg of magnesium as rice protein chelate. Other ingredients: Ulmus fulva (Slippery Elm) Inner Bark, Microcrystalline cellulose, guar gum, stearic acid, magnesium stearate.

What **Ultra Mag Chelate** Does:

Magnesium is an extremely important mineral involved in many very important enzymatic pathways. It is involved in energy metabolism, inhibits platelet aggregation, dilates blood vessels, has anti-spasmodic on all muscle tissue types, and enhances immune function.

Magnesium has been used for years for the prevention of toxemia in pregnancy, premature delivery and premenstrual syndrome. In addition, magnesium has been useful in the treatment of cardiac arrhythmias and many other cardiac conditions that are helped by stronger contraction of heart muscle. It helps hypertension and intermittent claudication because of its ability to dilate blood vessels. Its ability to relax skeletal muscle has made it very helpful with restless legs syndrome, muscle spasm associated with musculoskeletal pain, and with asthma. It has a calming effect and helps with the control of anxiety. Some clinicians think that it is as important as Calcium in the treatment of osteoporosis. The chelate is much easier on the GI tract than any other form of oral Magnesium.

The addition of **Slippery Elm**, which has viscous fiber with several beneficial effects on digestion, complement the action of magnesium:

1. Maintains a soothing action throughout the entire digestive system
2. It reduces bowel transit time and absorbs toxins from the bowel.
3. It increases fecal bulk and dilutes stool materials thereby reducing stool contact with the intestinal mucosa
4. It enhances beneficial bacteria in the gut and provides an excellent substrate for bacterial fermentation.

By John W Jones, MD, MPH

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These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Supplement Facts: Serving Size: 1 Tablet, Servings per Container: 180

Each tablet contains 250 mg Magnesium (rice protein chelate)

Other Ingredients: Ulmus fulva (Slippery Elm) inner bark, Microcrystalline cellulose, guar gum, stearic acid, magnesium stearate.

Suggested Use: One daily or as directed by a health professional.

How Ultra Mag Chelate Is Supplied:
VMUMC Bottles of 180 tablets

Retail
\$22.00

All of the ingredients in this product are supplied by well respected USA and/or European vendors and all are analyzed for purity and quality.

Related Products: Magnesium (100 mg), Ultra Cal Mag Chelate



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