



Spirulina Capsules

Important Reasons to use *Spirulina* Capsules

- Increase Energy and Vitality
- Protect Heart and Brain from oxidative stress
- Reduce inflammation involved in Arthritis
- Lower cholesterol and triglycerides
- As a methyl donor it helps lower homocysteine
- Zeaxanthin promotes eye health
- A good source of protein with essential amino acids

The Spirulina Reference library (<http://spirulinasource.com/library.html>) has over 100 references covering 30 years of international research. References include anti-viral activity, including anti-cancer, kidney and liver detox, malnutrition recovery, radiation protective effect and immune system improvement, and many, many others.

Individuals who are most susceptible to damage from radiation are the very old, the very young, fetuses, and those in poor health. So what can you do? Stay as healthy as possible. Susceptibility to problems from exposure varies according to the quality of one's health.

This super food supplement is rich in antioxidants, especially phycocyanins, amino acids, trace minerals and other phytonutrients which contribute to a healthy immune system, increased energy levels and other health benefits.

The USDA recommends 5-9 servings of fruits and vegetables, and those who cannot meet this requirement from food may benefit from taking a supplement like Spirulina.

Earthrise™ organic Spirulina has a long history of being an outstanding source of Spirulina. Since it is a complete protein with all of the essential amino acids, studies have shown therapeutic effects at very low concentration in the diet.

Spirulina has been found to reduce the inflammation involved in arthritis by stimulating the secretion of interleukin-2. Spirulina has produced significant changes in cholesterol and blood pressure: it lowers total cholesterol; increases HDL cholesterol; lowers triglycerides; and lowers systolic and diastolic blood pressure. Because of its methyl donors Spirulina is useful for reducing homocysteine levels and aids whenever inflammation or degeneration are a part of a disease process.

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Supplement Facts

Serving Size: 6 Capsules (3.24 g Spirulina Natural®, Earthrise® (540 mg per capsule),
Servings per Container: 30

Amount Per Serving

10 Calories, 0 g Fat, <1 g Carbohydrates, 2 g Protein, 7560 IU Vitamin A (100% Beta Carotene), 17 mcg Vitamin K, 2 mcg Iron, 27 mg Sodium.

200 mcg *c*-Phycocyanin, 79 mg, *allo*-Phycocyanin, 32 mg Chlorophyll, 32 mg GLA (gamma linolenic acid), 12 mg Total Carotenoids, 3 mg Zeaxanthin.

3.24 g Spirulina Natural®, Earthrise® (*Arthrospira Platensis*)

Three grams of Spirulina also contains the following phytonutrients: Phycocyanin 420 mg, Chlorophyll 30 mg, Mixed Carotenoids 10 mg, Polysaccharides 200 mg, Sulfolipids 40 mg, Gamma Linoleic Acid 30 mg, SOD (Super Oxide Dismutase) 5000 units, Zeaxanthin 2.5 mg and the following naturally occurring amino acids: Isoleucine 102 mg, Leucine 174 mg, Lysine 99 mg, Methionine 39 mg, Phenylalanine 87 mg, Threonine 96 mg, Tryptophan 27 mg, Valine 114 mg, Alanine 144 mg, Arginine 141 mg, Aspartic Acid 195 mg, Cystine 18 mg, Glutamic Acid 297 mg, Glycine 96 mg, Histidine 30 mg, Proline 78 mg, Serine 96 mg, Tyrosine 81 mg.

Suggested Use: 6 capsules daily or as directed by a qualified health professional.

All of the nutrients in this product are supplied by well respected USA and/or European vendors and all are analyzed for purity and quality.

More Spirulina Facts

- Grown in the USA,
- 60% to 70% protein,
- It contains the following phytonutrients and anti-oxidants: : Polysaccharides, Sulfolipids, SOD (Super Oxide Dismutase),
- It has the following naturally occurring amino acids: Isoleucine, Leucine, Lysine, Methionine, Phenylalanine, Threonine, Tryptophan, Valine, Alanine, Arginine, Aspartic Acid, Cystine, Glutamic Acid, Glycine, Histidine, Proline, Serine, and Tyrosine.

How Spirulina is Supplied:

VMSPR Bottles of 180 Capsules.



Phone: 888.953.5553

www.nutritionpureandsimple.com

*These statements have not been evaluated by the Food and Drug Administration
Products are not intended to diagnose, treat, cure, or prevent any disease*