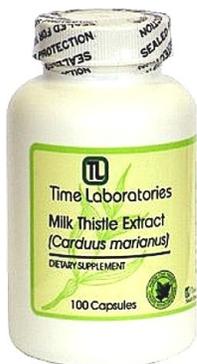


Milk Thistle Extract



- Protection of the cells in the liver
- Promotes regeneration
- Stimulates detoxification
- Supports optimal liver function

What Makes this Product Unique:

Unlike many suppliers, we do not standardize Milk Thistle to its Silymarin content although the product is analyzed for its Silymarin content. Standardizing means manipulating an herb so that it contains a guaranteed amount of a certain botanical constituent. The majority of plant constituents have yet to be identified or understood. It is the synergy of the various constituents that is responsible for the medicinal activity of herbs. Dr. Lapraz calls this "the intelligence of plants." Additionally, plants contain constituents that protect against the potential side effects of other constituents.

Uses for Milk Thistle Extract:

Milk thistle has been found useful in treatment of viral hepatitis, alcoholic hepatitis and alcoholic cirrhosis. It has been used as an emergency antidote poisoning by death cap mushrooms. It should always be used if detoxification is one of the goals of treatment or if optimal liver function is required. .

What it Does:

Milk thistle prevents toxic chemical from entering the cell by stabilizing cell membranes, It stimulates synthesis and activity of enzymes responsible for detoxification pathways and has potent antioxidant properties. Silymarin has been shown to stimulate the glutathione S-transferase pathway and alter the intracellular concentration of glutathione. It also increases HDL, lowers LDL and lowers total cholesterol.

By John W Jones, MD, MPH
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Supplement Facts: Serving Size: 1 Capsule, Servings per Container: 100

Each capsule contains 250 mg Milk thistle (*Carduus marianus*) seed extract 4:1 (equivalent to 1000 mg whole seed).

Other Ingredients: Beet (*Beta vulgaris*) root, magnesium stearate.

Suggested Use: Take 1 capsule 3 times per day or as directed by a health professional.

Highest Quality HPLC Analyzed Plant Extract

How it is Supplied:

VMMT-01	Bottles of Size 100
VMMT-02	Bottles of Size 270



Phone: 888.953.5553
www.nutritionpureandsimple.com

*These statements have not been evaluated by the Food and Drug Administration
Products are not intended to diagnose, treat, cure, or prevent any disease*