



# Bilberry

*An antioxidant to benefit the eyes*

Bilberry has a long history of use in vision problems, particularly macular degeneration. It contains anthocyanosides that reduce the UVA induced oxidative stress, a benefit for macular degeneration. This also helps those who are predisposed to cataract formation. Bilberry also contains phenolic compounds that are beneficial as anti oxidants.

## Benefits of Bilberry:

- it helps support the retina in macular degeneration
- it has been reported to improve night vision
- it helps support the retina in diabetic retinopathy
- Animal studies have shown benefits in slowing cataract formation.

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**Supplement Facts:** Serving Size: 1 Capsule, Servings per Container: 100 or 270

Each capsule contains 200 mg Vaccinium myrtillus berry extract 6:1 (equivalent to 1200 mg whole berry)

Other Ingredients: microcrystalline cellulose, magnesium stearate, gelatin.

Suggested Use: Take

1 capsule 3 times per day or as directed by a health professional.

Highest Quality HPLC Analyzed Plant Extract

## How Bilberry is Supplied:

VMBB-01 bottles of 100 Capsules  
VMBB-02 bottles of 270 Capsules



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*These statements have not been evaluated by the Food and Drug Administration  
Products are not intended to diagnose, treat, cure, or prevent any disease*