



African Prune

African Prune safely relieves the symptoms of benign prostatic hypertrophy.

African Prune contains three compounds that relieve the symptoms of benign prostatic hypertrophy such as frequency, urgency and getting up at night.

How African Prune works:

Phytosterols, triterpenes and ferulic acid esters are the three compounds that make African prune effective for BPH. Phytosterols compete with androgen precursors thus limiting androgen synthesis. They also inhibit prostaglandin synthesis which reduces inflammation. The triterpenes inhibit inflammation. Ferulic acid esters reduce the cholesterol content of the prostate, which limits androgen synthesis.

By John W Jones, MD, MPH
Nutritional Consultant for Nutrition Pure and Simple
www.jjconsulting.net

Supplement Facts: Serving Size: 1 Capsule, Servings per Container: 100 or 270

Each capsule Each Capsule contains: 200 mg African Prune (*Pygeum africanum bark*) 4:1 Concentrate. (Equivalent to 1000 mg whole bark)

Other Ingredients: microcrystalline cellulose, magnesium stearate, gelatin.

Suggested Use:

Take 1 3 times per day or as directed by a health professional.

Highest Quality HPLC Analyzed Plant Extract

How it is Supplied:

VMPR-01 bottles of 100 Capsules

VMPR-02 bottles of 270 Capsules

Related Products: Saw Palmetto, Ultra Omega-Linic



Phone: 888.953.5553
www.nutritionpureandsimple.com

*These statements have not been evaluated by the Food and Drug Administration
Products are not intended to diagnose, treat, cure, or prevent any disease*