

## Niacin 500 mg

Non-Flushing

## 500 mg Niacin (vitamin B3)

No-flush Niacin (inositol hexanicotinate) is less toxic to the liver than regular Niacin. It has the same benefits as Niacin: reduce cholesterol, reduce blood clotting and improve circulation.

While there are no studies proving that it reduces cholesterol, it has been used for this purpose. No-flush Niacin has been shown to reduce arterial spasm, improve peripheral circulation, and support mental health. It may help relieve vasospasm symptoms of Raynaud's disease, especially during the winter months.

If you take high levels of niacin you are well - acquainted with the 'niacin flush'. Some researchers suggest that this form may be easier on the liver than niacin. In addition, there are benefits associated with inositol supplementation.

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Supplement Facts: Serving Size: 1 Capsule, Servings per Container: 100

Each capsule contains 500 mg Niacin (from 640 mg Inositol Hexanicotinate) and 135 mg Inositol (from 640 mg Inositol Hexanicotinate).

Other Ingredients: Microcrystalline cellulose, Magnesium stearate, Gelatin.

Suggested Use: One capsule per day or as directed by a qualified health professional.

The ingredients in this product are supplied by well respected USA and/or European vendors and they are analyzed for purity and quality.

How Niacin 500 mg is Supplied: VMNN bottles of 100 capsules

Related Products: For cholesterol consider adding Ultra Omega-Linic and/or Loresterol.



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These statements have not been evaluated by the Food and Drug Administration Products are not intended to diagnose, treat, cure, or prevent any disease